

January 2016 Edition: Let's Start the New Year Right

Unite
the
USA



2016 Precept: Jesus, We Trust In You.

This Month's Bible Verse

"Forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus."

Philippians 3:13-14

Featured Quote



2016. This year has been on the minds of countless patriots for a long, long time. With the election of a new president, 2016 represents a pivotal shift. No doubt, we will face changes along with many highs and lows as a nation. After all, we always do. With that said, we need to be ready and we can be ready. How? By having faith. Faith in Christ.

No matter what we face in 2016, may our precept be this: Jesus, we trust in You.

As we begin the new year, let's focus on **Philippians 3:13-14** which **says**, "Forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal for the prize of the upward call of God in Christ Jesus."

Yes, our country continues to face many serious threats against our freedoms but we can choose to confront those battles with faith, perseverance, and a positive attitude. Businessman and motivational speaker Zig Ziglar said,

"Positive thinking will let you do everything better than negative thinking will."

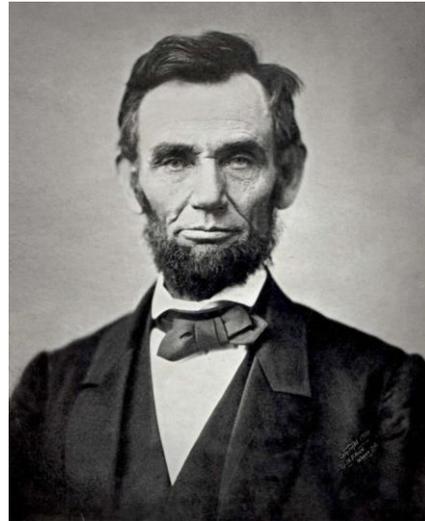
We think Zig was right. If we sulk in negativity, that won't make anything better. Instead, we need to keep praying and keep doing all we can to help our country. Check out our [Action Center](#) or read our book *Unite the USA: Discover the ABCs of Patriotism* to learn how you can make a difference in America. Yes, our country needs YOU!

Let's start the New Year right: Set our sight on the Lord and choose to proceed with a positive attitude of gratitude. Please read this helpful feature article by Dr. Jerry Newcombe.

Thank you for your faithful support and patriotism. Our country has hope and a future thanks to the Lord working through faith-filled, positive patriots like you. God bless you and Happy New Year!

Sincerely,
Carrie and Stacie Stoelting
Founders of [Unite the USA](#)

Remember Our Military and Families



"Let us stand by our duty fearlessly and effectively... Let us have faith that right makes might, and in that faith, let us, to the end, dare to do our duty as we understand it." -**President Abraham Lincoln** (Address at the Cooper Institute, February 27, 1860)

Featured Founding Father



Founding Father **Gouverneur Morris I** (January 31, 1752 - November 6, 1816) represented Pennsylvania in the Constitutional Convention of 1787 and he was a signer of the Articles of Confederation. Morris authored large sections of the Constitution and he was one of its signers. In fact, he is credited as the author of the document's preamble, and has been called the "Penman of the Constitution."



Recently we had the opportunity to be on NewsMax again to share about Operation Military Christmas, an outreach to remember our heroes and their families at Christmas. The interview was recently posted online so we thought we'd share it with you.

-Carrie and Stacie

Cracking the Happiness Code for 2016

By Dr. Jerry Newcombe

Do you want this next year to be happier than the last? A first century letter written in prison by the Apostle Paul to the Philippian Christians has much advice on how to know true joy, and much of it was confirmed in May, 2015 by a major study released by the [Mayo Clinic](#).

The study said that happier people are healthier people. That's why the Mayo Clinic studied the issue of happiness in the first place.

After its release, [CBSNewYork](#) reported on this study: "After decades of studying and working with tens of thousands of patients,

In God We Still Trust Video

Our country needs to turn to Jesus. Listen to "In God We Still Trust" for inspiration to keep "fighting the good fight". For hope and encouragement, listen to Stacie Ruth and Carrie Beth sing "In God We Still Trust".



Featured Author



Dr. Jerry Newcombe serves as the co-host, a columnist, and a spokesperson for D. James Kennedy Ministries, founded by the late Dr. D.

researchers at the Mayo Clinic say they've cracked the code to being happy."

And the answer is *what*? More money? Bigger car? More stuff? Fame? The article reported: "Psychiatrist John Tamerin says for many people the root of everything we're chasing, a better job, more money or true love, is happiness. But this endless pursuit often backfires. If you lead your life always waiting for a great thing to happen, you probably will be unhappy."

The Mayo Clinic summarizes their findings, thusly:

"People who are happy seem to intuitively know that their happiness is the sum of their life choices, and their lives are built on the following pillars:

- * Devoting time to family and friends
- * Appreciating what they have
- * Maintaining an optimistic outlook
- * Feeling a sense of purpose
- * Living in the moment."

Paul's letter to the Philippians directly or indirectly addresses all these things. Relationships. An attitude of gratitude. A positive outlook. A sense of purpose. Living now and not letting the past cripple your present or future.

The Mayo study tells us to "Invest in relationships." Yet, as I write these words, I see there's a new [report](#) that some will be seeking companionship--from *robots*. Human beings are made in the image of God. That is not true of man-made machines.

The study reports that self-focus is one of the great obstacles to human happiness. Paul told the Philippians, "in humility value others above yourselves, not looking to your own interests but each of you to the interests of the

James Kennedy. Jerry has produced or co-produced more than 60 one hour television specials that have aired nationwide. Jerry is the author or co-author of twenty-five books, at least two of which have been bestsellers, *George Washington's Sacred Fire* (with Dr. Peter Lillback) and *What If Jesus Had Never Been Born?* (with Dr. Kennedy) and *Doubting Thomas? The Life and Legacy of Thomas Jefferson* (with Mark Beliles). Jerry has appeared on numerous talk shows as a guest, including *Politically Incorrect with Bill Maher* (4x), Janet Parshall's *America, Point of View*, the Moody radio network, TBN, the Fox News Channel, the Fox Business Channel, C-Span2's "Book Notes," etc. Jerry hosts a weekly radio program on Christian radio, "GraceFM," www.gracenetradio.com, Thursdays, 12-1 PM Eastern time. Jerry is happily married with two children and a grandchild. The Newcombes reside in South Florida.

Order Now



Unite the USA: Discover the ABCs of Patriotism is a new book by **Stacie Ruth and Carrie Beth Stoelting**. It's a book that empowers patriots to make a big difference in the land we love. With 100+ ways to make a positive difference in America, *Unite the USA* is a must-have tool for patriots. *Unite the USA* will

inspire and educate Americans to defend faith and freedom. (Important Note: All proceeds go to fund the mission of UnitetheUSA.org.) [Order it here today!](#)

In God We Still Trust A CD by Stacie and Carrie Stoelting

others. In your relationships with one another, have the same mindset as Christ Jesus..."

I have had the privilege of regularly participating in a food distribution ministry. No matter how blue I may possibly be going into it, my feelings are uplifted after helping others in need in the name of Jesus Christ.

The study found that complaining will not make you happy. Paul said, "do everything without grumbling." He also said that he had learned to be content in all circumstances. He added, "I can do all things through Christ who strengthens me." How is that for a positive outlook?

As to purpose for living, Paul says, "For to me to live is Christ and to die is gain."

The Mayo Clinic study on happiness said we need to forget negative things and "liv[e] in the moment." Paul said as much in Philippians 3: "...this one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead, I press toward the goal to the prize of the high calling of God in Christ Jesus."

Forgetting the things behind us---the past that we cannot undo, but for which we can be forgiven if we would ask God for forgiveness--makes us more resilient and more positive in our outlook.

The Mayo Clinic study also recommended focusing on positive things. That's just like Philippians 4:8: "Finally, brothers, whatever things are true, whatever things are honest, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue, and if there is any praise, think on these things."

In the same chapter, Paul also talks about choosing to give thanks to the Lord. He says,



Per request from veterans who love patriotic and inspiring music sung by Stacie and Carrie, In God We Still Trust was recorded. From the National Anthem to "God Bless America" you will be inspired and uplifted about our God-given freedoms. All proceeds go to Unite the USA. Help promote faith and freedom in America. Your support is important and appreciated. Buy or download a copy today. God bless you as you celebrate the red, white, and blue!

Booking Info



Celebrate the true spirit of America with Carrie Beth and Stacie Ruth. Book Stacie and Carrie for concert or conference! E-mail info@unitetheusa.org for more information.

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"Rejoice in the Lord, always. Again, I say, rejoice."

In a sense, we could say Philippians is the answer as to how to be happy.

Isn't it interesting that the Mayo Clinic study and all the thousands of dollars spent in research, dealing with thousands of clients, finds that if you want to be happy, focus on others, and put their interest before your own--just what Paul told the Philippians.

When Jesus said that it is more blessed to give than to receive, who would have thought that that is *literally* true? Forgetting what is behind, cultivating a thankful heart, living on purpose, thinking on good things, and caring about others are key precepts to a truly happy new year.

Happy New Year.

